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Cash strapped groups urged to apply for funding

A lifeline is being offered to small community and voluntary groups on the Island, with funding being made available to help them survive in the current economic climate. With many struggling to raise funds, the Isle of Wight Community Fund (IWCF) is offering grants of between £500 and £3,000 to local voluntary groups and charities which have an annual income of less than £50,000.

The IWCF is keen to support the development and long term stability of groups. Applications can be made for volunteer recruitment and expenses, running costs and equipment. Projects which provide skills and training to disadvantaged Islanders, particularly those under 25, are being also encouraged by the IWCF which has awarded over £300,000 across the Isle of Wight in the last 3 years.

“We want to assist those groups who can demonstrate they are making an impact in their communities” explains Hamish Wilson, Chair of the IWCF Grants Committee. “We have kept the application process as simple as we can and are happy to offer guidance to any groups who may be interested in applying.”

Full details can be found on the IWCF website. The deadline to submit an Expression of Interest is Friday 2nd March. Details can also be found on the site of other funding programmes managed by the charity. Alternatively you can call IWCF Administrator Krissy Lloyd on 07563 594307.

Voluntary Support Teams

Would you like to support a group in your local community but not sure which one or whether the skills you have match the organisations needs?

Why not spare a few hours a month to become a Voluntary Support Team member and help make a difference to many local groups across the Island. Volunteers work face-to-face, by phone, or internet and all expenses are reimbursed.

Team members are supported and trained to provide advice to groups on specific topics including:

- Identifying potential funding sources
- Applying for funding grants
- Help with setting up new community groups
- Assist with Governance (running a group)
- Help with Publicity
- Design data bases and provide ICT maintenance

We currently have 31 volunteer members; most have been involved in updating their skills or have gained new qualifications by completing training appropriate to their chosen specialism. They include:

- A 10 week online Open College Network Level 3 course on ‘Advising groups on Funding Issues’
- Prince2 Foundation (Project Management)
- ICT Linus certificates (Network+ Security, + Server)
- Legal issues for Social Enterprise and Charity trading
- Financial Management for Social Enterprises & Charity Trading
- Plan & Deliver large Community Projects
- Listening Skills
- Roles and Responsibilities
- Charity law Conference

If you would like to find out more about becoming a member of the Voluntary Support Team or getting help for your organisation please phone 524058 or email julie.cocker@iwrcc.org.uk

Be part of an exciting project based at Preston Close in Ryde!

We are recruiting for a Study Support Worker (maternity cover until August 31st 2012 initially) to work at our Study Support Club for children aged six to 12 years based at Preston Close in Ryde. The worker will required for work for five hours a week, Tuesdays and Thursdays after-school and during the holidays to organise and deliver study support and recreation activities. The club will focus on improving children’s literacy, numeracy and ICT skills with study skills and self-esteem a main focus. As well as supporting children’s homework activity, workers will also be expected to organise a range of positive recreational and leisure opportunities in partnership with other organisations.

If you are already or have recently been working or volunteering in a school, after-school or youth work setting, then you might be just who we are looking for. If you are interested in this challenging yet rewarding work and being part of a child-centred organisation, and you know you have the skills needed to successfully deliver this programme, please apply!

Salary: £2,342 - £3,032 per annum. For an informal chat, please ring Becky Haydock on 01983 616607. Closing Date: Wednesday 7th March. Interviews: Thursday 15th March
NHS Guide to Volunteering

Magazine available to view online here

What's in Store for the Isle of Wight LINk 2012?

On 3rd January, the government announced that, due to the delay to the Health and Social Care Bill, Local Healthwatch would now be launched in April 2013. The Isle of Wight Council has committed to supporting the LINk in this extended transition period. Cllr Roger Mazillius said "we will continue to support and work with the Local Involvement Network (LINk) and ensure its vital role, championing the community's voice on health and social care issues, undergoes a successful transition to the new Healthwatch organisation."

The Isle of Wight LINk will be covering various topics before the transition to HealthWatch: including the Island's Mental Health Issues, Dental Services and Public Health and will continue to take on board feedback from the Island Community to inform new projects going forward.

More news here. Read the latest January news letter

New from West Wight Sports Centre

We have several new activities coming up to keep you fit in the new year - the big one is BOKWA and after the huge success at the launch and the enormous interest we're expecting at two more free taster sessions on Tuesday 31st January at 1930 and Thursday 2nd February at 0915, we think this will be a real hit in 2012. Read more about BOKWA on their website www.bokwa.org or just come along to a taster session - we think you'll be guaranteed to have fun and improve your fitness! Better still - if you're a GOLD MEMBER Bokwa won't cost you any more!

Also for adults - we're starting a NEW ADULT BADMINTON session - again FREE to Gold members, it will run on Thursday mornings 1130 - 1230 and is for adults wanting to return to badminton or wanting try something new. There will be a coach on hand to help and give advice. It's free for Gold or Silver classes members or £3.70 for others.

Our winter indoor tennis special continues to be popular - hire the whole hall for a game of indoor tennis for just £5. This great offer applies Mon - Sat 0900 - 1700 (but excludes half term - 11th - 19th Feb)

You can see all the great half term activities here

Don't forget we also have special gym sessions for 14 - 16 year olds on Mondays to Fridays 1630 - 1830.

Dates for your diary - as well as the Wild West Solent Swim on July 15th, there's lots of other exciting events being planned for 2012 - here's a taste of what we have planned:

May 27th is the Needles Cross Country Marathon

June 10th sees an exciting new event - the West Wight Quadrathlon which is a swim, bike, run, kayak race

July 14th is the day the Olympics comes to West Wight with the Olympic flame travelling across the area - we're planning to celebrate the event and if you'd like to get involved please contact Steph Hickman at the Centre.

And finally ...don't forget the BIG ONE! The West Wight Triathlon takes place on September 30th this year and entries are now open!

Start limbering up!

Sport Relief is back and it's coming to Shanklin & Sandown

The Sainsbury's Sport Relief Mile is back and it's coming to Shanklin & Sandown! YMCA Isle of Wight is set to host 3 Sainsbury's Sport Relief Miles all starting from YMCA Winchester House on Sunday 25th March, and we need local people to take part. Enter now by visiting www.sportrelief.com. As one of the UK's biggest fundraising events, Sport Relief brings the entire nation together to get active, raise cash and change lives - so it's time to dust off those trainers and enter right now.

There are 3 events to choose from: the 1 mile Beachcomber Bound along the flat revetment to Sandown Pier, the 3 mile Dinosaur Dash to Yaverland, or the daring 6 mile Charles Pelham Challenge which includes an off-road trail to the top of Culver Down. Snap up your space now!

Setting off from Welcome Beach (near Little Stairs Point) the Shanklin and Sandown Mile will take in the best sights of Sandown Bay. Entrants don’t have to be sporty to take part, but can choose to complete 1, 3 or 6 miles knowing that all the money raised will help to change the lives of people living unimaginably tough lives right here on our doorstep, across the rest of the UK and in some the world's poorest countries.

Registration on the day will be at YMCA Winchester House where refreshments, a barbecue and changing facilities will be available. If you are not able to take part yourself, why not join us on the day anyway to help cheer the participants on.

The YMCA will be recruiting for volunteer Marshalls for the event. Rather than taking part as a runner, if anyone is interested in volunteering they can contact Kelly Matthews, Volunteer Co-ordinator (YMCA) on (01983) 862441 or email kelly.matthews@ymca-fg.org
Digital Switchover Community Grants

Are you involved in your local community? Would you like help get the message about the digital switchover out to people in your area?

TV across the UK is going digital, the switchover dates for the Isle of Wight are 7th and 21st of March. After the final switchover date, people who only have analogue TV equipment will not be able to receive the new digital signal so they need to take action now to convert their TV to digital or they will lose channels. For more information to help you switch look at the Digital UK website www.digitaluk.co.uk <http://www.digitaluk.co.uk/>

We can give talks to volunteers and provide literature about switchover in a wide range of formats. We may be able to provide a small grant to help support community awareness events about switchover, such as a coffee morning. If you are interested in helping, please contact Kay Lunn at Age Concern on 525282 or kay.lunn@aciw.org.uk
Funding

Sport England has a target of getting 1 million more adults participating in moderate intensity sports each week by 2012. Projects seeking to reduce the drop off rates for 16-19 year olds, in particular the following sports - Badminton, Basketball, Football, Hockey, Gymnastics, Netball, Rugby League, Rugby Union, and Tennis. Research shows that large numbers of young people stop playing sport at this age.

www.sportengland.org/funding/small_grants.aspx

The Sport England Small Grants Programme

Makes awards of between £300 and £10,000 to not-for-profit organisations to deliver new community projects to either grow or sustain participation in sport or to support talent development.

Our Priorities

Sport England particularly wants to increase participation in adults and so the following two types of projects will be funding priorities for the Small Grants Programme:

Projects increasing the number of adults participating in moderate intensity sports

Sport England has a target of getting 1 million more adults participating in 3 x 30 minutes of moderate intensity sport per week by 2012.

Projects seeking to reduce the drop off rates for 16-19 year olds, in particular the following sports - Badminton, Basketball, Football, Hockey, Gymnastics, Netball, Rugby League, Rugby Union, and Tennis. Research shows that large numbers of young people stop playing sport at this age.

www.sportengland.org/funding/small_grants.aspx

The Law Society Charity

The Law Society Charity supports organisations whose work is related to the law and the legal profession, and whose activities would be likely to benefit from funds made available on behalf of solicitors.

Who does the Charity help?

We only support projects that promote:

• Human rights
• Access to justice
• Legal education

We are not able to provide funding for charities outside these headings, such as medical charities. We cannot help individual students pursue their studies. Applications which do not on their face seem to fall within the Charity’s objectives will not be considered.

Grants are normally in the range £5,000 - £15,000. If you ask for more than this any grant will be scaled down to below £15,000. We may regard your asking for a very large amount as an indication that the project and your hopes for funding it, are unrealistic, and reject it on that basis.

Grants are usually on a one-off basis, but can occasionally be spread over two or three years.

Website here

The Steven Gerrard Foundation (SGF) grants

The Steven Gerrard Foundation (SGF) grants cycle is open from 25th January until 5pm on 9th March 2012.

The primary goal of the Steven Gerrard Foundation (SGF) is to support disadvantaged children including their education and health; children with disabilities; street children; and children going through family breakdown. We focus mainly on children in the UK but will occasionally assist children internationally as well. We have a particular interest in projects in Liverpool.

SGF awards grants of up to £10,000 per year for a maximum period of three years.

Website here

The Clore Poetry and Literature Awards

Fund poetry and literature initiatives for children and young people, under the age of 19, across the UK. The Awards are worth a total of £1m over five years, 2011 to 2015, with individual awards ranging from £1,000 to £10,000.

The Clore Duffield Foundation has created these Awards with the aim of providing children and young people with opportunities to experience poetry and literature in exciting and compelling ways, in and out of school. For full details, please download the guidance leaflet.

Round 3 closes on Tuesday 17 April 2012.

Website here

National Churches Trust

Consider applications from listed and unlisted Christian places of worship throughout the UK.

Repair Grants

Community Grants

Website here
Three New Training Events From Rural Community Council

Saturday 25TH February MOT your Constitution 10.30-12.30
When was your Governing Document written? Is it fit to let you do what you want to do to develop the organisation in an ever changing world? Whether you have a Trust Deed, Constitution or Memorandum and Articles of Association for your Governing Document, you should still review it regularly.
This short 2 hour event shows what you should have in your document, and how to go about changing it.
We will also dispel a few myths about the word 'Trustee'. 2 hours for only £15 – unbelievable value

Monday 27th February Effective Chairmanship 5.30pm-7pm
What exactly is the role of the Chairperson at a meeting? All too often the Chairperson's job is taken over at a time of stress in the organisation. The new Chair may have no previous knowledge or skills in chairing meetings and their only experience is seeing how it was done before (often badly) This 90 minute session could turn you into the best informed Chairperson your organisation has ever had! Incredible value at only £10 per person.

Why not book for the two sessions - Chairmanship and Minute taking?
Monday 27th February Minute taking 7.30pm-9pm Why are minutes taken at meetings? What is the legal requirement for minutes? What should be included? Left out?
Whether you are new to minute taking or just want to brush up your skills, this 90 minute session will tell you all you need to know. Learn how to stop your minutes running for hours. Incredible value at only £10 per person. At this price, places are being snapped up.
Download further details from the RCC website here

Child Sexual Abuse awareness event
We are pleased to announce that we are running a Child Sexual Abuse awareness event in partnership with the Lucy Faithfull Foundation and Stop It Now. The event is being held on the 8th March 2012 from 9.30am to 4.30pm and is being held at the Isle of Wight College. The purpose of the event is to raise awareness of child sexual abuse and in particular recognising the signs of child sexual abuse.
The event will cover areas such as female abusers, adolescent abusers and internet predators. The full brochure with programme of the day will follow shortly.
Please note that this event is free of charge but there are limited places so please book early by completing the attached application form and returning it to Workforce Development on cyp.workforcedevelopment@iow.gov.uk

Northwood Village Produce Association
Friday, 9th March 2012. Northwood W.I. Hall, from 7.30 PM. No gardening knowledge or experience required!!
Ivan Jackman (The Flag Man) is this month’s guest speaker

Cap Money Course
CAP Money is a revolutionary money management course that teaches people budgeting skills and a simple, cash-based system that really works. This course will help anyone to get more in control of their finances, so they can save, give and prevent debt. CAP Money is a course devised by the award winning debt counselling charity, Christians Against Poverty.
CAP Money is a three-session course that features DVD presentations by John Kirkby, CAP’s Founder and International Director, and Matt Barlow, CAP’s UK Chief Executive.

During the three sessions attendees learn
• How to build and live on a budget. This is treated as the cornerstone for attendees to manage their money well. The session includes advice on how to increase your income and how to cut costs.
• The CAP Money system helps to simplify a person’s money and make it understandable. It operates using three accounts for their money: a regular payments account (Basic Current Account), a cash account (Second Basic Current Account) and a savings account.
• How to live from week to week using cash. It teaches the importance of living from week to week using cash. the reason for making this important is that by living on cash and getting away from cards enables a person to know exactly where they are and helps them to spend less money. It is statistically proven that a person spends 33% less money when paying by cash rather than cards. As the course progresses and gets attendees to apply these principles the attendees learn how to manage your money, and live their life!
CAP Money is run in thousands of locations throughout the UK by churches that partner with Christians Against Poverty. The course you sign up for will usually run over three consecutive weeks, primarily in the evenings, but some are run during the day.
Isle of Wight Friendship Club

The Alzheimer’s Society in conjunction with Barchester Healthcare are starting a new Friendship Club for people with dementia and their carers. Starting 15th February 2012.

The club will run every 3rd Wednesday of the month from 10.30 to 12.30 and is open to anyone with a diagnosis of dementia and their carer.

The group provides personalised social activities, in a relaxed and safe environment. This improves social functioning and allows for greater independence, thus enabling people to take a greater responsibility for their own well being and to meet regularly with others in the same position.

Many carers can become socially isolated because of the nature of the disease, and have very limited opportunities to join social groups or meet others. The club will help carers to maintain social connections and mitigate against depression and loss of self esteem.

These groups are free and no referral is needed, ring our local office 02392 892035, or email portsmouth@alzheimers.org.uk for more information, or simply come along to the next session.

Contact details: Carol Elliott, Support Services Manager, Portsmouth, S.E. Hants and Isle of Wight, John Pounds Centre, 23 Queens Street, Portsea, Portsmouth, PO1 3HN. Mob: 07540921223, Tel:02392 892034
Half Term Activities

Butterfly Modelling
Wednesday 15th February
Craft beautiful butterflies using wire and paper
Adults only
2.00-4.30pm

Children’s Craft Sessions
Thursday 16th February
Create mini landscapes and wall decorations
Children must be accompanied
1.00-2.30pm or 3.00-4.30pm

All sessions will be held at Madeira House in Freshwater
contact Irene Fletcher on 01983 759779 to book a place
Are you aged between 14 and 18 years?

Want to get a Qualification in CARNIVAL ARTS to improve your chances of a career in arts/design/fashion/performance? Or just for fun?

Then we can offer you a unique opportunity to do just that during your half term holidays!

Introducing a NEW nationally accredited course!

**NCFE Level 1 Certificate in Carnival MasQuerade**

13 to 17 February 2012 (half term)
10.30am to 3.30pm daily (total 25 hours, full-time)
*With option to take part in May Day Jouyay parade, Sunday 6 May at Yarmouth*

at SHALFEET COMMUNITY HALL

**COST**, including course registration and certification fees, only £40
Young people living in West Wight can access 75% subsidy from West Wight Landscape Partnership project making it only £10!

Text ALISON on 07807 370179
Mail to info@thenewcarnivalcompany.com
St. Lawrence Community Association

Local History Talk

at

St. Lawrence Village Hall

Friday 17th February 2012 at 7.30pm
(Doors open at 7.15pm)

The Newport, Godshill & St. Lawrence Railway

By Roger Silsbury

An illustrated talk on the fascinating story of the Railway which once served our village; the last line on the Island to be built and the first to close, with a life of only 55 years.

If you have any photographs, relics or memories of the line, please bring them along to share with the audience.

Roger Silsbury, a life long railway enthusiast, lives opposite the old station and has family connections to both the village and the railway. He is the co-author of a series of books detailing the history of the Island’s railways and has written articles and other books about Britain’s railways. He has been involved with the Isle of Wight Steam Railway from its earliest days and is also a member of the Ventnor & District Local History Society.

Admission - £1 on the door. Refreshments available.

Any questions, please contact Elizabeth Fox on 855908 or eejayfox@waitrose.com
Isle of Wight Street Pastors

Official Launch of School Pastors

School Pastors will work to build and develop relationships between student, home and school to encourage students to positively relate to peers, teachers and the wider community.

safety + reassurance

Come along and find out more at the official launch - Medina Theatre, Newport, 6pm 20th Feb or contact Rebecca Kelly for more details - rebecca@iwstreetpastors.org.uk or 07428 399866

www.iowstreetpastors.org.uk
Research shows that the environment in which a child, young person or vulnerable adult lives is crucial to his or her health, safety and well-being. The conference will seek to identify the issues facing children, young people and vulnerable adults around on the impact of the toxic trio on their lives. The conference will include presentations on the following themes:

- **Hidden Harm**
- **Families: Drugs and Alcohol**
- **See the Adult – See the Child**
- **Engaging with complex and/or resistant families to improve outcomes**
Ever wanted to find out the story of your house? Historic Ryde Society is offering **free** workshops to set you on a path of discovery.

Richard Smout, IW Heritage Service Manager will lead workshops in Ryde District Heritage Centre on Thursday, February 16th and Thursday, March 8th, from 7 pm to 9 pm. Limited places - booking essential.

**Ryde District Heritage Centre - 01983 717435**
**Open Tuesday to Thursday, and Saturday 11am - 4pm.**
You are warmly invited to:

“A Lifetime’s Health Delivered Creatively”

A Presentation and Film of the Research and Work undertaken by Healing Arts – Isle of Wight NHS into the role and contribution the arts make to our health.

Tuesday March 6th 2012
Quay Arts Centre
Newport, Isle of Wight PO30 5BD

Lunch: 13.00 hours
Welcome: 14.00
Karen Baker, CEO, IoW NHS
Film: 14.15
Panel Presentation: 15.00
Audience – Panel discussion: 15.30
Close: 16.30

Attendance: Free of Charge
Attendance by Booking in Advance: RSVP by Thursday 1st March.
Contact: Guy Eades; email healingarts@iow.nhs.uk, telephone 01983 534253
Isle of Wight Chamber of Commerce, Tourism & Industry
BUSINESS SUPPORT DAY
in association with Gully Howard

Tuesday 20th March 2012
11.00am - 4.00pm
at the Apex Centre, St Cross Business Park

Whatever your size or age of business this is a must visit for you to meet a whole host of organisations that can help your business develop and grow.

Come and meet the Chamber team as well as our key partners who can help your business succeed.

From accountants to planners and solicitors to surveyors - this is a one stop shop.

Find out about new legislation that will affect your business. Seminars will be held across the day on a variety of subjects.

If you are in business - this is a day not to be missed

Plus many more to be announced
Northwood Community Partnership.

 Invite YOU to the

St. Patrick’s Day Residents Event. 21st March 2012.

Wed. 21st March 2012.

2.30 - 4.30 p.m.

WI Hall, Newport Rd.

Refreshments Raffle Quiz Great Chat

All for just £1 per person.

Mobility Issue? Tel. 296020.